

ASMR Very Friendly and Calming Relaxation for Visiting Aliens



Transcript

0:02 Namaste

0:04 This is Luna Lava and I welcome you to Earth and invite you to join me in this very relaxing ASMR session

0:11 I will be guiding you in a soothing relaxing soft-spoken voice

0:19 Many humans don't realize that aliens experience tension after their travels

0:27 So, now I want to honor your journey and help you to land here on Earth

0:35 And allow this calming space to be a time just for you

0:45 So, imagine you can close your eyes

0:51 And imagine you are somewhere in deep space

0:59 And just let go and relax

1:04 And Imagine the Earth is your oyster

1:12 Just let it happen

1:20 Allow this interstellar experience to be what it is

1:33 Unclenching your jaw and relaxing your microtongue

1:41 Because the more you can physically relax

1:49 The more you can mentally relax and stop worrying about your mission

1:56 As you imagine your body is easily adapting right now to the Earth's gravity

2:03 While letting all the tension drain off your outer coating

2:09 And remembering you have survived so much already

2:14 You can now let it all go

2:19 And you begin to smile as you think about your mission to take over Earth

2:27 Allow it to be and it will be

2:33 And although you are anxious to exterminate everyone on Earth

2:41 You also need to relax and know I am here for you

2:48 I want you to remember to breathe and notice how you're adapting to a new planet

2:59 And try to prolong and sigh on your outbreath AHHHHHH

3:08 That's good...see how you can control your breath? AHHHHHH

3:15 What happened last time you tried to invade Earth doesn't matter now

3:25 That doesn't define you

3:29 I see the real you and it's okay to allow mistakes

3:36 If you aren't making mistakes, you are probably not taking enough risks, right?

3:46 Just relax and listen only to my voice

3:54 You have worked so hard to get here, and you deserve a break

4:03 Remember you also need to eat and that is a good segue into tonight's sponsor
which is *Hello Fresh!*

4:41 I just want to say this is by far the best food delivery service on Earth (and maybe
the Universe)

4:57 This can support you nutritionally during abductions or other terrorist activities on
your agenda

5:03 The first 250 aliens to respond to this offer can get 50% off nourishing, limited
time "alien nutrient" meals delivered directly to your vessel!

5:25 Thank you to *Hello Fresh* for sponsoring this video (see link in the description and
use code LunaLavalien50)

5:35 Now I would like to do a calming countdown to help you feel strong in your mission

5:42 Five....you are enough

5:46 Four...you are superior to humans

5:51 Three...you are wiser than AI

5:56 Two...you cannot be stopped

6:01 One...you were made for this apocalyptic moment

6:05 And so it is...And so it is

6:08 I hope you liked this highly requested video-please hit the like and subscribe buttons and turn on notifications, so you know when my videos come out

6:17 Just let me know if you liked this, I will plan to do more alien content in the next week or so. My love and deep appreciation to all of you ETs!

6:24 Namaste

Dear Aliens Committee,

May the 4th be with you!

Please find my enclosed submission:

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Thank you,



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